



TIMBER CREEK ATHLETICS

ONLINE ATHLETIC CLEARANCE INFORMATION

ALL SPORTS PHYSICAL AND ATHLETIC CLEARANCE DOCUMENTS IN ORANGE COUNTY WILL BE **SUBMITTED ONLINE** FOR CLEARANCE TO PARTICIPATE IN ATHLETICS/DANCE/ROTC/REGIMENT. ALL STUDENTS INTERESTED IN PARTICIPATING MUST COMPLETE THE BELOW PROCESS.

Documents Needed: Completed FHSAA EL2 Sports Physical (Page 4), ECG Cardiac Clearance, OCPS Cardiology Report, NFHS Course Certificates

1. Visit www.athleticclearance.com and choose your state.
2. **Register** or **login** to your account. You must register with a valid email address, as this is where you will receive communication from your clearance file that will tell you if you are cleared or denied.
3. Select **“Start Clearance Here”** to start the process.
4. Select the school year, select **“Timber Creek”**, and select all sports in which the student plans to tryout/participate in.
5. Complete all required fields, which include Student Information, Parent/Guardian Information, Medical Information, and electronic Signature Forms.
6. Upload all required documents. These include:
 - **FHSAA EL2 Sports Physical Form** – Your sports physical **MUST** be completed on the FHSAA EL2 form. This form is available to download on your account, on the Timber Creek Athletics website or the FHSAA website. Remember, a physical is valid for 365 days from your date of examination. Please make sure to have both parent and student sign in the middle of the form (page 4 of 4). And page 4 of 4 **MUST** be stamped by the physician performing the physical exam.

- **ECG Cardiac Clearance Results** – Each student planning to participate in an activity or athletics is required to receive an electrocardiogram (ECG) screening prior to participating in any High School athletic activity. **This is a one-time requirement while in High School.**
 - **OCPS Cardiology Report**- This form **MUST** be filled out in addition to the ECG results.
 - **NFHS/FHSAA Required Video Certificates** – All student-athletes are required to watch four NFHS courses. These four videos must be watched **each school year**. These courses are: Sudden Cardiac Arrest, Heat Illness Prevention, Concussion for Students and Sportsmanship. Courses can be found on: www.nfhslearn.com
7. Once you reach the **confirmation message** you have completed the process and your file has been submitted to the Athletic Department for **review**.
 8. When your file has been reviewed, you will receive an email stating whether you have been **cleared for participation** or **denied** based on missing information. If you have been denied, please correct the missing items and submit again for approval. If it states that your account is “In Progress”, please go back to your account and find out what you are missing. “In Progress” means that you must complete all required elements.

NOTE: Participation in a program for conditioning, open facilities, tryouts, or practice CANNOT occur until you have been CLEARED by the Athletic Department. You must also maintain a cumulative unweighted 2.0 GPA to be academically eligible each semester. GPA's are calculated at the end of each semester. Clearance takes between 24-48 hours once submitted. Summer clearances are done once a week.

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