



Winter Sports Tryouts/First Practice Schedule 2025-26



All athletes must have a physical on file dated after April 15th, 2025 to participate, must have also completed their FinalForms registration

Girls Basketball- West Bloomfield High School Gym

Tryouts:

November 19th, 20th, 21st

Freshman 2:30-4:30pm

JV/Varsity 5-7pm

Practice:

Freshman: - Monday – Friday (2:45-4:30pm)

JV: 4:30-6:30pm (Monday-Friday)

Varsity: 5:15-7:30pm (Monday-Friday), Saturday 10am-noon

Coaches Contact: Darrin McAllister darrindmcallister@gmail.com

Boys Basketball- West Bloomfield High School Gym

Tryouts: November 12th, 13th, 14th

Freshman, Junior Varsity 2:30-4:45pm

Varsity 5:00-7:30pm

Practice:

Varsity: Monday-Friday (5-7:30pm), Saturday 10am-1pm

Freshman, JV: Monday- Friday (2:30-4:30pm)

Coaches Contact: Arnette Jordan arnettejordan@gmail.com

Boys Swim- West Bloomfield High School Pool

Parent Meeting: Wednesday, November 19th (6:30pm-7pm) Pool Balcony

First Practice: November 24th (2:30 – 4:30pm)

Practice: Monday – Friday (2:30 – 4:30pm)

Saturday's (8:30 am – 11:30am)

Possible Morning Practices (5:30am-7am)

Coaches Contact: Ronson Webster ronsonwebster@gmail.com

Wrestling – West Bloomfield High School Wrestling Room

Preseason Conditioning: Wednesdays (4:30- 6:00pm)

Practice: Starts Monday, November 17th (First Practice) Mondays and Thursdays (3:30 – 6:00pm). Tuesday, Wednesday, Friday (4:00-6:30pm)

Coaches Contact: Gregory Alessi galessi640@gmail.com

Competitive Cheer – West Bloomfield High School Cafeteria

Tryouts: November 10th and 11th (5:00 – 7:00pm)

Practice: M-F 5-8pm

Coaches Contact: Brandi Hale brnd80@gmail.com

Ski – Alpine Valley

Informational Kickoff Meeting: Monday, October 20th at 5:30pm in ROOM 208 at WBHS

Preseason Conditioning: TBD. Will be discussed at Meeting

Practice: Starts November 10th. Will be discussed at Meeting

*when snow falls – practice is Monday – Thursday (4-6:00pm) @ Alpine Valley

Coaches Contact: Keegan Hoose keeganhoose@hartlandschools.us

Hockey- Lakeland Arena

Tryouts: Monday, 10/27 @ 5pm

Tuesday, 10/28 @ 5pm

Parent Meeting will follow first practice at DSC on 10/29 at 7:20pm

Coaches Contact: John McMahon jmacman88@gmail.com

Snowboarding- Alpine Valley

Pre-Season Meeting: Monday, November 3rd after school (2:30pm) in room 208

Practice: TBD, Based on when Alpine opens for season and is available.

Coaches Contact: William Lambert billlambert@comcast.net

Figure Skating -

Introductory Parent/Athlete Meeting on Wednesday, October 8th at 5:00 pm at Lakeland Ice Arena
7330 Highland Road, Waterford

First practice- Wednesday, November 5th 3-4pm at Lakeland Ice Arena

Coaches Contact: Hollie Campagna lakesareaskateteam@gmail.com

Pom Pon – West Bloomfield High School Dance Room

Tryouts for Poms:

Wednesday, November 5th 2:30-4:30pm

Friday, November 7th 2:30-4:30pm

Practice days/times after tryouts:

Tuesdays 2:30pm-4pm

Wednesdays 2:30pm – 4:30pm

Fridays 2:30pm – 4:30pm

Coaches Contact: Kelley Unrath Kelley.unrath@gmail.com

Boys and Girls Bowling – Wonderland Lanes, 8265 Richardson Rd.

First practice/tryouts- Tuesday, November 11th at 3:30pm.

Practice will continue on Tuesdays and Thursdays at 3:30pm after tryouts.

Coaches Contact: Reg Watts regwatts@gmail.com

Girls Gymnastics- Flip Starz Gymnastics Academy, 5425 Perry Rd., Waterford, 48329

Practice:

Wednesday, October 29th – 3- 4:30pm

Thursday, October 30th- 3-4:30pm

Sunday, November 2nd – 3:45-5:45pm

Before participating, athlete and parent must contact AD Eric Pierce (eric.pierce@wbsd.org) and Coach Mary Shelton (sheltn01@wsdmi.org).

